

## Senior Advisory Board Minutes

January 22, 2020

10:00 am

### I. Communication

- a. Pam Yoss- include more BH Senior Club programs and trips on Community Calendar; distribution of printed copies to locations in town e.g. Park Edge, library, and Stop &Shop; opt in digitally
- b. Send BH Senior Club publicity to Senior News
- c. Explore laminating a 3 month calendar
- d. Share BH Senior Club minutes with Township

### II. Wellness Program

- a. Alvaro report on NJ Health Care Quality Institute Committee; pursue intergenerational programs with Governor Livingston High School; look to support eligibility for Sustainable Jersey Grant
- b. Results of activity survey cites exercise as priority; outreach to fitness and health care organizations for speakers and programs. May expand survey to larger senior population.
- c. Angie discussed meeting with SMG. Elise Telloni, SMG Marketing Director to coordinate speaker series on health care areas for fall 2020.

### III. Entertainment and Socialization

- a. Grants committee; await report on Grotto Fund grant; criteria to be discussed.

- b. Holiday cookie exchange successful, suggest Valentine's Day program
- IV. Recreation
  - a. New YMCA building will not have kitchen facilities for a senior café.
  - b. Possible outreach to YMCA and Autumn Lake for partnering on programs
- V. Education
  - a. Plan for Literary Book Club Luncheon with seniors and middle school students
  - b. Consider mobile book program
- VI. Transportation
  - a. Tom reports a p/t driver candidate interviewed
  - b. Suggest to partner with other towns to share drivers
  - c. Create and provide list of private and public options for transport e.g. Uber, and paratransit
- VII. Next Meeting, February 19, 2020
- VIII. Adjournment