

# Board of Health Minutes

## April 24, 2019

### **Regular Meeting:**

Upon roll call Mr. Bob Dorsi, Ms. Ilene Weber, Mrs. Carol Boyer, Mr. Ed Sorge, Dr. Gary Pien, Mrs. Elizabeth Geminder, Public Health Nurse, Mr. Alvaro Medeiros and Dr. Komal Naik, Ms. Stephanie Mejia, Health Inspector and Mr. De Zheng, Health Officer were present.

A motion was made by Mr. Edward Sorge to approve the minutes of January 9, 2019 meeting and seconded by Ms. Ilene Weber.

### **Presidents Report, Bob Dorsi:**

Mr. Bob Dorsi welcomed the new Board of Health Administrative Assistant, Linda Palumbo.

### **General Communications:**

Guest speaker, Lisa McQuilkin, Wellness Director from the YMCA discussed chronic disease programs they are offering. Live Strong is a cancer recovery program that runs 12 weeks and no fee required. Please check out [www.thesay.org/livestrong](http://www.thesay.org/livestrong)

Healthy Heart is for offered for someone who had a cardiac event or is at risk. This program runs for 12 weeks, twice per week, no fee and do not have to be a member. [www.thesay.org/healthyheart](http://www.thesay.org/healthyheart)

Blood Pressure Self-Monitoring will be offered in May for people who have high blood pressure. Weekly meetings and monthly dietary seminars are offered. Typically there is a 52% reduction in high blood pressure after 4 months. There is a \$50 fee but offer financial assistance. [www.thesay.org/bpmonitor](http://www.thesay.org/bpmonitor)

**To register**, contact Lisa McQuilkin at [lisa.mcquilkin@thesay.org](mailto:lisa.mcquilkin@thesay.org) or call 908-464-8373 x2026

### **Health Officer's Report:**

De informed the Board about Home for Good Dogs which should be licensed as a shelter. They hired an attorney and De is meeting with them tomorrow. De has received complaints about dogs from South Carolina and there's no paperwork on these dogs. They are currently not following statue since they need an isolation room, proper paperwork and a vet on call. If they can't comply they would have to cease operation.

**Health Officer's Report continued:**

De and the Board discussed BOH meeting time change so meetings will be starting at 7:30pm. Therefore **May 15 meeting will start at 7:30pm.**

De and the Board discussed BOH fee increases such as body art, milk, pet shops, septic and temporary food license to generate more revenue. A spreadsheet was distributed to all BOH members comparing other town's fees. BOH issues approximately 25 temporary food licenses per year. A suggestion was to increase the reinspection fee to keep manpower down.

YMCA Community Pool won't be open this summer & food will not be offered in the new facility.

Approximately 10 establishments haven't paid their 2019 food license. Jersey Bagels & Subs (previously Noah's Bagels) are new in town. Cousins Deli is still in the process of getting their equipment ready due an accident.

Union County is offering free measles vaccination for children 12 months to 19 yrs of age. Appointments are required and residents may call 908-965-3627 or 908-965-3868 to schedule. The county's clinic is located at 40 Parker Road, Elizabeth, and is open Monday to Friday from 8:30 a.m. to 4:30 p.m.

**Registered Environmental Health Specialist's Report:**

Stephanie informed the Board about her inspection reports which included East Restaurant which has changed owners and fixed the grease trap. Kawee Thai Cuisine is status quo, Giovanni's is changing the manager and Walgreens complaint for the toilet was taken care. Grain & Cane inspected twice and now in compliance. Nokia changed food vendor twice, Trap Rock very good and Runnells no outbreaks.

**Township Committee President:**

Alvaro Medeiros discussed the Mayor's Wellness Campaign which is sponsored by NJ Healthcare Quality Institute to promote community wellness. This campaign works with Sustainable NJ which is an environmental committee, can apply for points and grants are offered. Alvaro will contact the BH Rescue Squad since they track statistics such as what issues they have addressed in the community. A suggestion was to educate the community about Opioids addiction. Alvaro would like to put together a team, develop a campaign and coordinate a wellness events calendar. Ilene Weber, Ed Sorge, Carol Boyer & Dr. Komal Naik volunteered to form a team.

**Township Committee President continued:**

Alvaro also discussed a Vegan Fest, which will be offered in September, to promote abstinence from meat. There is a vegan cooking contest and he would like to enable the public to participate but needs BOH support. A suggestion was to have the public display their ingredients so the public can read them. The Environmental Commission sponsors it & township supports it.

**New Business:** nothing reported

**Old Business:** nothing reported

**Citizens Hearing:** nothing reported

**General Communications:**

There being no further business to come before the Board, Mr. Bob Dorsi asked for a motion to adjourn the Regular Meeting at 8:57pm. A motion was made by Mr. Ed Sorge and seconded by Mrs. Carol Boyer to adjourn the Regular meeting until Wednesday, May 15, 2019 in the Public Meeting Conference Room at 7:30pm.

Submitted by Linda Palumbo