



BERKELEY HEIGHTS

SENIOR CITIZENS OF BERKELEY HEIGHTS

NEWSLETTER

Vol.1

MARCH 2020

No.1

29 Park Avenue, Berkeley Heights, New Jersey, 07922
Published & edited by BH Communications Committee

Monthly Planned Speakers

MARCH 3 - "Total Health": presentation by Peak Medical
MARCH 10 - "Hearing Life": presentation by Louis Rentas, Hearing Instrument Specialist
MARCH 17 - St. Patrick's Day Luncheon
MARCH 24 - "How to Keep the Keys Longer": presentation by Judy Bortman of TransOptions on driving safely and easing the transition from motorist to passenger
MARCH 25 - Special Entertainment by Bill Christopher (Piano)

**THE SENIOR CITIZENS OF BERKELEY HEIGHTS
HAVE THEIR MEETING EVERY TUESDAY
AT MT. CARMEL HALL**

ON WEDNESDAYS
WE HAVE AN ACTIVITIES DAY AT MT. CARMEL

TIMES INDICATED BELOW:

EXERCISE CLASS AT 10:15 AM (EVERY WED.)

THE EXECUTIVE BOARD MEETS AT 10 AM (SECOND WED.)

"PIZZA AND BINGO AT NOON" (LAST WED.)

The senior bus monthly schedule, established by the Township, shall be posted in the Town Hall, the Public Library, on the Township website, and any other location determined appropriate by the Township Administrator.

